

NESSIE AND THE NORSEMEN – OUTBOUND							
NEGGIE AND THE NONGENIER - GOT BOOKD							
Brief Descriptio n	A beautiful scenic flight taking in Scotland's Highest Mountain, Ben Nevis, then flying up the Great Glen along Loch Ness to Inverness. Overhead Inverness and across the lovely Moray Firth and up the rugged east coast from Inverness to Wick. Then over to sea to Kirkwall in Orkney.						
Flight Time @ 120Kts	120 Mins	120 Mins					
HIGHLIGHTS ALONG THE WAY							
Geography & History	Schiehallion Mountain	3,553 feet high Schiehallion is a volcanic dome shaped mountain famous for the experimental determination of the mass of the earth in 1774. See Wikipedia "Schiehallion Experiment"					
Geography	Ben Nevis	The highest mountain in the United Kingdom at 4,411 feet.					
Whisky!	Ben Nevis Distillery	Located near Fort William, sitting at the base of the mountain and using the water sourced from the northern corrie on the mountain. Whisky brand - "Ben Nevis"					
Geography & Mythology	Loch Ness	Loch Ness is 23 miles long, the second largest by surface area after Loch Lomond. It is however the largest body of water in the UK by volume due to its immense depth. It is 755 feet deep at its deepest point and holds 7.3 cubic Kilometres of water, more water than ALL of the lakes in England and Wales combined! It is easy therefore for the famous Loch Ness Monster, known locally as "Nessie" to hide in its immense depths.					
History	Urquhart Castle	Iconic ruins of a 13th century castle - features on lots of shortbread tins! Time for an overhead orbit?					
Whisky!	Glenmorangie Distillery, Tain	The Glenmorangie Distillery sits just outside the town of Tain. It is important to check on the day if the military firing range (used by the Tornados based nearby in Lossiemouth) is "cold" to allow you to overfly the distillery. *Contact Tain Range Controller on 01862 894164 or 01862 892185. If n reply, check with Scottish on 119.875.					
Whisky & Geography	Old Pultney Distillery, Wick	Situated in the town of Wick this is the northernmost distillery on the UK mainland, maker of the famous whisky with a "taste of the sea".					
Whisky!	Highland Park Distillery, Kirkwall	Distilling whisky since 1793 - catch a view as you descend for Kirkwall Airport.					



	Runway	Length	Surface	Approach Frequency	Tower Frequency	ATIS		
LANDING SITE KIRKWALL	09 LH	1,428m	Hard	118.305	118.305	108.6		
	27 RH							
	14 LH	680m	Hard					
	32 RH	000111	riaid					
Useful information	Craigies Taxis: 01856 878787 craigiestaxis@hotmail.com							
	The Kirk Gallery & Café: 01856 861758 café@sheilafleet.com							
NESSIE AND THE NORSEMEN – INBOUND								
Brief Descriptio n	The return trip takes in the sea-stack "The Old Man of Hoy" and then comes back via the Grampian mountains and many more famous distilleries! NOTE: Avgas at Kirkwall recently reported as significantly more expensive than at Wick. Review nearer the time best location to fill up.							
Flight Time @ 120Kts	90 Mins							
HIGHLIGHTS ALONG THE WAY								
Geography	The Old Man of Hoy	Old Man of A 449-foot-high red sandstone sea stack, one of the tallest in the UK.						
Geography	Wick	The route is planned to allow a stopover here for Avgas if required.						
Whisky!	Speyside!	There are over 30 distilleries within easy reach of the flight. Some of the more well known being Linkwood, Macallan, Glenfiddich, Glenfarclas and Glenlivet. Take a look at the separate map and pick your targets! Caution! Rember of course that they are all in the valleys beside the river so a high-level overview might be best. NOTE: Take care not to infringe Lossiemouth ATZ Lossie Approach 123.300						



Whisky!	Speyside Distilleries Map	Glen Moray Dinkwood Glen Moray Dinkwood Miltonduff Benriant Glen Speyburn Glen Elgin Cardhu Glen Spey Glen Tothes Cardhu Glen Spey Glen Tothes Cardhu Glen Spey Glen Tothes Cardhu Glen Spey Glen Keith Cardhu Glen Glen Glen Keith Cardhu Glen Glen Keith Cardhu Glen Glen Keith Cardhu Glen Glen Keith Cardhu G			
Geography	Braemar	The town with the famous annual Highland Games, attended by King Charles if he's in residence along the road at Balmoral. Note: there's an exclusion zone above Balmoral up to 3500 feet - don't bust that one! The Braemar Games Park can be seen from the air.			
Geography	Glenshee	Take a look at one of Scotland's Skiing areas - spot the chairlifts. Zermatt and Verbier it is not! But Scotland is proud of what it's got!			



SKY DEMON - NESSIE AND THE NORSEMEN ROUTE

